

Oconto County Public Health COVID-19 Isolation and Quarantine Guidelines

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status:

- If you are asymptomatic, or your symptoms are resolving*, you may leave your house after 5 days. Continue to wear a mask for 5 additional days.
- If your symptoms are not resolving after 5 days, continue to stay home until symptoms are resolving.* Wear a mask for 10 days total from your first date of symptoms.
- Those that are under 2 years of age, unable to safely mask, or decline to mask need to stay home for 10 days.

**Resolving means that you are on the mend. Your symptoms are lessening, not getting worse, or staying the same. If you have a fever, stay home until you have been fever free without using medication for 24 hours.*

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

- Are [up to date](#) on COVID-19 vaccinations
- Tested positive for COVID-19 within the last 90 days (not using an at-home test)

OR

Then:

- Wear a mask around others for 10 days following the date of your last close contact with someone with COVID-19.
- Test on day 5, if possible.

If you develop symptoms, get tested and stay home.

If you:

- Are NOT [up to date](#) on COVID-19 vaccinations

Then:

- Stay home and wear a mask around others for 5 days following your last contact with someone with COVID-19.
- You may leave your home and wear a mask around others for 5 additional days.
- If you can't quarantine, you must wear a mask for 10 days.
- Test on day 5, if possible.

If you develop symptoms, get tested and stay home.

If you:

- Are under 2 years of age
- Unable to safely mask
- Decline to wear a mask

OR

OR

Then:

- Stay home for 10 days following your last date of contact with someone with COVID-19.

If you develop symptoms, get tested and stay home.



Public Health
Prevent. Promote. Protect.
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Health & Human Services

Please note that this guidance does not apply to healthcare workers and those in congregate settings.

Up to date means that an individual has received all of the vaccine doses that they are currently eligible for. Specifically:

- Age 12 and older and have completed the primary series and received a booster.
 - Primary series is defined as 2 doses of Pfizer or Moderna or 1 dose of J&J.
- Age 12 and older and have completed the primary series, but have not reached the time when eligible for a booster (5 months after the 2nd dose of Pfizer or Moderna and 2 months for J&J).
- Age 5-11 and have completed the primary series.
- Age 5-11 and immunocompromised and have completed the primary series and received a booster.

Pfizer is the only vaccine authorized for those age 5-17.